Nutrition Facts Serving Size: 1/4 Pouch (51g)

Servings Per Container 4	9/
Amount Per Serving	
Calories 200 Calories	s from Fat 35
-	% Daily Value
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 600mg	25%
Total Carbohydrate 35g	12%

Sugars 4g Protein 6g

Dietary Fiber 2g

Vitamin A 20%	•	Vitamin C 2%
Calcium 4%	•	Iron 8%
		e based on a 2,000 calor

depending on your calorie needs:

8%

	Calones:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Sodium lowered 25% from 800 mg to 600 mg per

Ingredients: Pasta (Durum Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Ribofavin, Folic Acid), Food Starch - Modifed, Maltodextrin, Whey Powder, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide). Textured Vegetable Protein (Soy Flour), Dried Carrots, Freeze-Dried Zucchini Squash and Peas, Natural Flavor, Yeast Extract, Dried Onion, Salt, Xanthan Gum, Partially Hydrogenated Soybean Oil, Spices, Disodium Inosinate and Disodium Guanylate, Turmeric and Annatto (color).

CONTAINS: MILK SOY WHEAT PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS. 100% VEGETARIAN

NET WT. 204g (7.2 OZ)

Servings Per Container 4

Amount Per Sen	/ing			
Calories 240		Calo	ries fron	n Fat 10
			% D	aily Value*
Total Fat 1g				2%
Saturated F	at 0g			0%
Trans Fat 0	9			
Cholesterol	0mg			0%
Sodium 610r	ng			25%
Total Carbol	ıydra	te 48	ig	16%
Dietary Fibe	r 5g			20%
Sugars 9g				
Protein 11g				
Vitamin A 30	% •	Vita	min C 1	0%
Calcium 8%	•	Iron	15%	
*Percent Daily Val diet. Your daily va depending on you	lues m	ay be h	nigher or lo	
depending on you	Calor		2.000	2.500
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less Less Less Less ate	than than	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g
Calories per gran	n:			

Sodium lowered 37% from 970 mg to 610 mg per

Ingredients: Pasta (Durum Semolina Flour (Wheat). Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Textured Vegetable Protein (Soy Flour), Caramel Color, Sweet Whey Powder, Pinto Beans, Bleached Wheat Flour (Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tomato Powder, Dried Onion, Spices, Salt, Sugar, Hydrolyzed Soy Protein, Guar Gum, Natural Flavors, Garlic Powder, Caramel Color, Disodium Inosinate and Disodium Guanylate, Citric Acid, Yeast Extract, Turmeric (color), Coconut Oil,

CONTAINS: MILK, SOY, WHEAT PRODUCED ON FOUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS

100% Vegetarian

Sodium lowered 56% from 980 mg to

Ingredients: Pasta (Durum Semolina Flour

[Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid).

Nondairy Creamer (Coconut Oil, Corn Syrup

Diglycerides, Dipotassium Phosphate, Silicon

Dioxide), Enriched Wheat Flour (Wheat Flour,

Niacin, Reduced Iron, Thiamine Mononitrate,

Riboflavin, Enzyme, Folic Acid), Maltodextrin,

Tomato Powder, Sea Salt, Sugar, Natural Flavors, Paprika and Turmeric (color),

Partially Hydrogenated Soybean Oil, Guar

Gum. Spices. Disodium Inosinate and

PRODUCED ON EQUIPMENT THAT ALSO

SHELLFISH, FISH, TREE NUTS AND PEANUTS.

PROCESSES MILK, SOY, WHEAT, EGG,

Disodium Guanylate, Citric Acid. CONTAINS: MILK, SOY, WHEAT

Solids, Sodium Caseinate, Mono and

Tomato Basil Soup with Pasta

Nutrition Facts

Serving Size: 1/4 Pouch (58g) Servings Per Container 4

Amount Per Serving		
Calories 240	Calories	s from Fat 70
		% Daily Value
Total Fat 7g		11%
Saturated Fat (ôg	30%
Trans Fat 0g		
Cholesterol 0m	g	0%
Sodium 430mg		18%
Total Carbohyd	rate 39g	13%
Dietary Fiber 1	g	4%
Sugars 6g		
Protein 4a		

Vitamin A 25%	•	Vitamin C	20%
Calcium 2%	•	Iron 8%	
*Percent Daily Value diet. Your daily value depending on your of	es m	ay be higher or	
C	alor	es: 2.000	2.500

depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4				

100% VEGETARIAN NET WT. 232g (8.2 OZ)

Nutrition Facts

Serving Size: 1/4 Pouch (69g)

430 ma per servina.

NET WT. 275g (9.7 0Z)

Nutrition Facts

Serving Size: 1/4 Pouch (50g) Servings Per Container 4

Amount Per Serving	
Calories 180 C	alories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	17%
Total Carbohydrate	36g 12 %
Dietary Fiber 3g	12%
Sugars 2g	
Protein 7g	
Vitamin A 20% • V	/itamin C 8%
Calcium 4% • II	ron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: Less than 65g 20g 300mg 80g 25g 300mg Saturated Fat Less than Cholesterol Less than Sodium Le Total Carbohydrate Dietary Fiber 2,400mg 2,400mg 300g 375g Less than 25g 30a Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Dried Potato Dices, Textured Vegetable Protein (Soy Flour), Food Starch - Modified, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide), Maltodextrin, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Dried Carrots and Celery, Salt, Dried Onion, Yeast Extract, Freeze-Dried Peas, Chicken Broth Powder, Disodium Inosinate and Disodium Guanylate Garlic Powder, Natural Flavor, Spice, Annatto and Turmeric (for color)

CONTAINS: MILK, SOY, WHEAT PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

NET WT. 200a (7 OZ)

Nutrition Facts

Serving Size: 1/4 Pouch (50g) Servings Per Container 4

Amount Per Serv	/ing		
Calories 180	Cal	ories fron	n Fat 10
		% Da	aily Value*
Total Fat 1g			2%
Saturated F	at 0g		0%
Trans Fat 0g	3		
Cholesterol	0mg		0%
Sodium 400r	ng		17%
Total Carbon	ydrate 3	6g	12%
Dietary Fibe	-		12%
Sugars 2g			
Protein 7q			
T T T T T T T T T T T T T T T T T T T			
Vitamin A 209	% • Vita	amin C 8	%
Calcium 4%	• Iron	16%	
*Percent Daily Val diet. Your daily va depending on you	lues may be	higher or lo	
	Calories:	2,000	2,500
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less than Less than Less than Less than ate	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g
Calories per gran	m:		

Ingredients: Precooked Long Grain Rice, White Corn Masa (Ground White Corn Masa Flour, Sorbic Acid, Carboxymethyl Cellulose, Calcium Propionate, Fumaric Acid, Guar Gum, Enzymes, Trace of Lime), Textured Vegetable Protein (Soy Flour), Food Starch Modified, Dried Pinto Beans, Tomato Powder, Yeast Extract. Bleached Wheat Flour (Wheat Flour, Niacin. Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Salt, Natural Flavors, Freeze-Dried Corn, Sugar, Spices, Caramel Color, Guar Gum, Citric Acid, Annatto and Turmeric (for color).

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

CONTAINS: MILK, SOY, WHEAT PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS 100% VEGETARIAN

NET WT. 200g (7 0Z)

Chicken Flavored Noodle Soup

Nutrition Facts

Serving Size 1/4 Pouch (50g) Servings Per Container 4

Calories 180	Calories from F	at 15
	% Daily	Value*
Total Fat 1.5g		2%
Saturated Fat ()g	0%
Trans Fat 0g		
Cholesterol 0m	9	0%
Sodium 530mg		22%
Total Carbohyd	rate 34g	11%
Dietary Fiber 3	g	12%
Sugars 3g		
Protein 8g		

Vitamin A 4% • Vitamin C 4% Calcium 4% • Iron 8% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2.000 otal Fat Less than 65g Saturated Fat Less than 20g 80g 25g Cholesterol Less than 300mg 300mg Less than 2,400mg 2,400mg Sodium Total Carbobydrate 300g Dietary Fiber 25g Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pasta (Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Textured Vegetable Protein (Soy Flour), Yeast Extract, Dried Carrots and Celery, Dried Onion, Salt, Partially Hydrogenated Soybean Oil, Chicken Broth Powder, Garlic Powder, Disodium Inosinate and Disodium Guanylate, Natural Flavors, Spices, Whey Powder, Turmeric (color) CONTAINS: MILK, SOY, WHEAT PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANLITS NET WT. 198a (7 OZ)

Nutrition Facts

Serving Size: 1/4 Pouch (45g)

Servings Fer Corn	lairiei 4	
Amount Per Serving		
Calories 150	Calories	from Fat 10
		% Daily Value
Total Fat 1g		2%
Saturated Fat 0g	3	0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 960mg		40%
Total Carbohydra	ate 33g	11%
Dietary Fiber 4g		16%
Sugars 1g		
Protein 4g		

Vitamin A 20%	•	Vitamin C 6%	
Calcium 2%	•	Iron 4%	
*Percent Daily Values are based on a 2,000 cal diet. Your daily values may be higher or lower depending on your calorie needs:			

		Calories:	2,000	2,500
-	Total Fat	Less than	65g	80g
	Saturated Fat	Less than	20g	25g
	Cholesterol	Less than	300mg	300mg
	Sodium	Less than	2,400mg	2,400mg
	Total Carbohydrate		300g	375g
	Dioton/ Eibor		250	200

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Precooked Long Grain Rice, Mattodextrin, Dired Black Beans, White Corn Mass (Ground White Corn Mass Flour, Sorbic Acid, Carboxymethyl Cellulose, Calcium Propionate, Furnair Acid, Guar Gum, Enzymes, Trace of Lime), Bleached Wheat Flour (Wheat Flour, Miacin, Reduced fron, Thiamine, Mononitrate, Ribodavin, Enzyme, Folic Acid), Salt, Tomato Powder, Food Starch - Modifed, Black Bean Flour, Spices, Freeze-Dried Corn, Guar Gum, Paprika (color), Caramel Color, Natural Mesquite Smoke Flavoring, Citric Acid, Natural Flavors.

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN NET WT. 181g (6.4 07)

Teriyaki and Rice

Nutrition Facts Serving Size: 1/4 Pouch (75g)

Serving Size: 1/4 Pouch (75g) Servings Per Container 4

Amount Per Serving	
Calories 270	Calories from Fat 5
	% Daily Value
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	14%
Total Carbohydra	te 62g 21%
Dietary Fiber 2g	8%
Sugars 16g	
Protein 6g	
Vitamin A 200/ +	Vitamin C 00/

Vitamin A 20% • Vitamin C 0% Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts

Savory Stroganoff

Serving Size: 1/4 Pouch (64g) Servings Per Container 4

3			
Amount Per Serving			
Calories 250	_	Calories from F	at 40
		% Daily	Value*
Total Fat 4.5g			7%
Saturated Fat	2.5	īg	13%
Trans Fat 0g			
Cholesterol 0m	ıg		0%
Sodium 310mg	_		13%
Total Carbohyo	dra	te 45g	15%
Dietary Fiber 2	<u>2</u> g		8%
Sugars 8g			
Protein 7g			
Vitamin A 0%	•	Vitamin C 2%	
Calcium 8%	•	Iron 8%	
*Percent Daily Values diet. Your daily value depending on your c	s m	ay be higher or lower	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Sodium lowered 67% from 960 mg to 310 mg per

Less than 65g 80g

Less than 20g

Less than 300mg 300mg

Less than

Total Fat

Sodium

Cholesterol

Saturated Fat

Total Carbohydrate Dietary Fiber 2 000 2 500

2,400mg 2,400mg 300g 375g 25g 30g

Ingredients: Pasta (Durum Semolina Flour (Wheat). Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Sweet Whey Powder, Maltodextrin, Potato Flour, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide) Textured Venetable Protein (Sov. Flour, Caramel Color), Food Starch - Modified, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Nondairy Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Dipotassium Phosphate, Mono and Diglycerides, Silicon Dioxide, Mixed Tocopherols (to preserve freshness]), Dried Onion, Salt, Natural and Artificial Flavors, Xanthan Gum, Dried Mushrooms, Partially Hydrogenated Soybean Oil Dried Onions Garlic Powder, Lactic Acid Powder, Titanium Dioxide (for color), Spice, Disodium Inosinate and Disodium Guanvlate, Caramel Color,

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN

NET WT. 256g (9 0Z)

Ingredients: Precooked Long Grain Rice, Sugar, Maltodextrin, Brown Sugar, Food Starch - Modified, Textured Vegetable Protein (Soy Flour), Dried Red and Green Bell Peppers and Carrots, Dried Soy Sauce (Soybeans, Wheat, Salt, Vinegar, Lactic Acid), Salt, Onion Powder, Kanthana Gum, Yeast Extract, Vinegar Powder, Natural and Artificial Flavors, Miso Powder (Soybeans, Salt, Food Starch - Modified), Spices, Disodium Inosinate and Disodium Caunylate, Citir, Carid, Caramel Color. CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANLITS.

100% VEGETARIAN NET WT. 300g (10.6 0Z)

Nutrition Facts

Serving Size: 1/4 Pouch (65g) Servings Per Container 4

Amount Per Serving			
Calories 280	Calories from Fat 80		
	% Daily Value*		
Total Fat 9g	14%		
Saturated Fat 4	g 20 %		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 770mg	32%		
Total Carbohydrate 43g 14%			
Dietary Fiber 1g	4%		
Sugars 2g			
Protein 5g			
Vitamin A 0% •	Vitamin C 2%		
Calcium 2% •	Iron 8%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydra	300g	375g	
Dietary Fiber		25g	30g

alories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Sodium lowered 28% from 1070 mg to 770 mg per serving.

Ingredients: Pasta (Durum Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Food Starch -Modified, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide) Nondairy Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Dipotassium Phosphate, Mono and Diglycerides, Silicon Dioxide, Mixed Tocopherols (to preserve freshness]), Maltodextrin, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Hydrolyzed Sov Protein, Parmesan Flavor (Salt. Yeast Extract, Potato Maltodextrin, Coconut Oil), Partially Hydrogenated Soybean Oil, Salt, Garlic Powder Spices Dried Opion Disodium Inosinate and Disodium Guanylate, Disodium Phosphate, Natural Flavor.

CONTAINS: MILK, SOY, WHEAT
PRODUCED ON EQUIPMENT THAT ALSO
PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH,
FISH, TREE NUTS AND PEANUTS.
100% VEGETARIAN

NET WT. 260g (9.2 0Z)

Nutrition Facts

Serving Size: 1/4 Pouch (69g) Servings Per Container 4

Amount Per Serv	ing				
Calories 250	Calc	ries fro	m Fat 35		
		% E	Daily Value*		
Total Fat 4g			6%		
Saturated Fat 1.5g			8%		
Trans Fat 0g					
Cholesterol (Omg		0%		
Sodium 410mg 17 %					
Total Carbohydrate 45g 15%					
Dietary Fiber 4g 169			16%		
Sugars 13g					
Protein 11g					
Vitamin A 359	% ● Vita	ımin C	35%		
Calcium 10%	• Iror	15%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:					
	Calories:	2,000	2,500		
Total Fat	Less than	65g	80g		

 Saturated Fat
 Less than
 20g
 25g

 Cholesterol
 Josophy Sodium
 300mg
 300mg

 Sodium
 Less than
 2,400mg
 2,400mg

 Total Carbohydrate
 300g
 375g

 Dietary Fiber
 25g
 30g

 Calories per gram:
 Fat 9 * Carbohydrate 4 * Protein 4

Sodium lowered 65% from 1180 mg to 410 mg per serving.

Ingredients: Pasta (Durum Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Dried Tomato, Whey Powder, Textured Vegetable Protein (ISov Flour, Caramel Color], Soybean Oil, Salt, Natural Flavoring [Autolyzed Yeast Extract, Maltodextrin, Natural Smoke Flavoringl, Dextrose, Spices, Garlic Powder). Food Starch - Modified, Potato Flour, Sugar, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (From Milk), Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide), Parmesan and Romano Cheese (Pasteurized Part-Skim Milk, Salt, Cheese Culture, Enzymes), Salt. Garlic Powder, Dried Onion, Natural Flavor, Paprika (color), Guar Gum, Partially Hydrogenated Soybean Oil, Dried Beef Stock (Concentrated Reef Extract Hydrolyzed Corn, Sov. and Wheat Protein, Autolyzed Yeast, Dextrose), Spice, Caramel Color, Turmeric (color). CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

NET WT. 275g (9.7 0Z)

Cheesy Macaroni

Nutrition Facts Serving Size: 1/4 Pouch (65g)

Servings Per Conf	tainer 4
Amount Per Serving	
Calories 270	Calories from Fat 70
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 3.	5g 18 %
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 820mg	34%
Total Carbohydra	ite 44g 15%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 6g	
Vitamin A 00/	Vitamin C 00/

 Vitamin A 0%
 • Vitamin C 0%

 Calcium 6%
 • Iron 8%

| Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower diet. Your daily values may be higher or lower diet. Your daily values may be higher or lower diet. You was a considerable of the considerable of t

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Sodium lowered 23% from 1070 mg to 820 mg per serving.

Ingredients: Pasta (Durum Semolina Flour (Wheat). Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid), Food Starch - Modified, Maltodextrin, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (From Milk), Mono and Diglycerides, Dipotassium Phosphate), Cheese Powder (Whey, Cheeses [Granular and Cheddar {Pasteurized Milk, Cheese Culture, Salt, Enzymes}], Buttermilk Solids, Whey Protein Concentrate, Salt, Contains Less Than 2% of Sodium Phosphate, Citric Acid, Lactic Acid), Nondairy Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Dipotassium Phosphate, Mono and Diglycerides, Silicon Dioxide, Mixed Tocopherols [to preserve freshness]), Textured Vegetable Protein ([Soy Flour, Red 3], Soybean Oil, Water, Salt, Hydrolyzed Protein [Corn, Soy, Wheat], Brown Sugar, Yeast Extract, Smoke Flavoring, Artificial Flavoring, Thiamine Hydrochloride, Dextrose, Partially Hydrogenated Cottonseed Oil, Disodium Inosinate, Disodium Guanylate, Spice Extract), Salt, Partially Hydrogenated Soybean Oil, Yeast Extract. Disodium Inosinate and Disodium Guanylate, Lactic Acid Powder, Spice, Natural Flavor, Disodium Phosphate, Annatto (color),

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN

NET WT. 260g (9.2 0Z)

Loaded Baked Potato Casserole

Nutrition Facts

Serving Size 1/4 Pouch (57g) Servings Per Container 4

Amount Per Serving		
Calories 210	Calories from Fat 20	
	% Daily Value*	
Total Fat 2.5g	4%	
Saturated Fat 1.	5g 8 %	
Trans Fat 0g		
Cholesterol 5mg 29		
Sodium 730mg 30		
Total Carbohydrate 41g 149		
Dietary Fiber 3g 12		
Sugars 15g		
Protein 7g		
Vitamin A 2% •	Vitamin C 10%	
Calcium 15% •	Iron 4%	

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Ingredients: Sweet Whey Powder Dried Potatoes (Mono and Diglycerides, Sodium Acid Pyrophosphate and Citric Acid [to preserve freshness]), Food Starch - Modified, Maltodextrin, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate), Yeast Extract, Textured Vegetable Protein ([Soy Flour, Caramel Color, Red 3], Soybean Oil, Salt, Natural Flavoring), Dried Onion, Salt, Garlic Powder, Guar Gum, Chives, Natural Swiss Cheese Flavor (Lactose, Autolyzed Yeast Extract, Coconut Oil, Dried Torula Yeast, Natural Flavor, Maltodextrin [Potato], Food Starch - Modified), Natural Sharp Cheddar Cheese Flavor (Cheddar Cheese [Pasteurized Milk, Cultures, Salt and Enzymes], Maltodextrin, Cream, Nonfat Milk Solids, Salt, Natural Flavors, Sodium Phosphate, Yeast Extract, Xanthan Gum, Potassium Sorbate), Natural Smoke Flavor (Yeast Extract, Dried Soy Sauce [Hydrolyzed Soy Protein, Corn Syrup Solids, Salt], Natural Smoke Flavor, Partially Hydrogenated Soybean Oil), Disodium Inosinate and Disodium Guanvlate, Natural Butter Flavor, Spice. Disodium Phosphate, Annatto and Turmeric (for

CONTAINS: MILK, SOY, WHEAT

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN

NET WT. 227g (8 0Z)